

D.I.Y. Mint Tea

Gift Idea:

Present the tea with a few beautiful mugs, a tea strainer, and/or a glass tea pot.

Find bunches of organically grown mint – spearmint, peppermint, chocolate mint, pineapple mint—at a farmers market or farm stand. Hang the mint in a bundle upside down in a cool, dark spot for a few days until dry. When the mint is thoroughly dry, crumble it up.